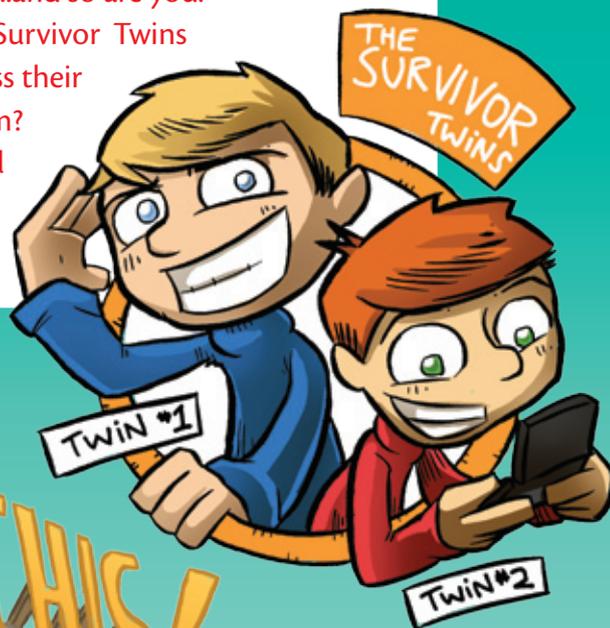




Pop quiz! What do you do if you get lost in the woods? The desert? The Arctic? Your uncle Carl's overflowing garage?

Hi! I'm Professor Vyvor, world-renowned know-it-all in the totally-not-made-up fields of survive-olgy, survive-onomy, and survive-otany. And these are the Survivor Twins, my newest students. They're about to take my crash course in how to keep yourself safe in an unfamiliar place...and so are you!

How will the Survivor Twins fare? Will they pass their final survivor exam? Turn the page, and find out if the twins can...



SURVIVE THIS!

SCHOOL OF SURVIVAL

Sam Logan and Claire Barry



LOST!

BY SAM LOGAN AND
CLAIRE BARRY

Let's face it — in Canada, most of us have a greater chance of getting lost in the forest than anywhere else. That's why we set Twin One and Twin Two loose in our patented *Survive This: School of Survival Simulated Boreal Forest Biodome* for their final survival exam.

What did they do right (✓) and what did they do wrong (✗)? Let's have a look.



✓ **STAY CALM!**
A calm mind is the key to survival.

✓ **STAY PUT!**
Staying in one spot makes it easier for searchers to find you. If possible, pick a warm and dry spot near an open area, so you can move out into the open if you see or hear people nearby.

✓ **KEEP WARM!**
Dress warmly in cool weather, and be sure to wear a hat — as much as 70 percent of your body heat escapes through your head.

✓ **ATTRACT ATTENTION!**
Use reflectors, signal flags, or any other bright objects to attract searchers.

✓ **IN YOUR BACKPACK, CARRY:**

- Whistle
- Signal flag
- Bottled water
- Reflector
- Zip-lock bag
- Trail Mix
- Garbage bags can be used to gather water or make a poncho. Just cut a slit (not a hole) for your face.

✗ **IN YOUR BACKPACK, CARRY:**
Make sure you have room for your important survival supplies before bringing things like:

- Calculator
- Broken pencil
- Nail clippers
- Juggling balls
- A chocolate bar isn't the best food, but when you're lost, any food is better than none!

✗ **CLIMB A TREE!**
Seeking "higher ground" might seem like a good idea, but your view from the top of that tree will probably only reveal...*more* trees, and you might hurt yourself while you're climbing up or down.

✗ **FOLLOW A RANDOM PATH!**
You have no way of knowing where an unfamiliar path might lead. And searchers will have a harder time finding you if you keep moving!

✗ **HIDE!**
If you are lost in the woods, people will be looking for you — including professional searchers and other people you don't know. If you see or hear people coming, call out to them, even if they are strangers!

✗ **EAT SOMETHING UNFAMILIAR!**
Even if you are hungry, you will feel much worse if you eat something that makes you sick.

✓ **STICK TOGETHER!**
If you get lost with another person, or with a pet, stick with them to keep each other company. (And warm!)

✓ **BUILD A BOUGH BED!**
A bough bed will keep you warm and comfortable at night. Turn to page 25 to learn how to build one.

✗ **DRINK GROSS WATER!**
If you're prepared, you brought your own water. If not, or if you run out, try to drink fresh water like rain or morning dew. Water from ponds or streams can make you sick.

✗ **LIE (OR SIT) ON BARE GROUND!**
Sitting on bare ground for more than a short length of time will make you cold.

✗ **And most importantly, don't PANIC!**
With a calm, clear head and a brain full of survival knowledge, you have everything you need to take care of yourself until a search party finds you!

✗ **FOLLOW A STREAM!**
Not all water leads to "civilization". That stream could just as easily lead into a swamp, or some other dangerous place!